




نادي الثقة للمعاقين  
AL THIQAH CLUB FOR DISABLED




# 2023 SHARJAH

**Sharjah International Open Para Athletics Meeting 2023**  
**20th to 22nd February 2023**  
**At Althiqah club for the disabled**

   @TCDUAE

 +971 (06) 538 9999

 +971 (06) 538 9888



**2023**  
**SHARJAH**



حكومة الشارقة  
مجلس الشارقة الرياضي  
GOVERNMENT OF SHARJAH  
SHARJAH SPORTS COUNCIL



**Dear Sports Friends and Colleagues,**

**Glad to welcome you in Sharjah, United Arab Emirates, to take part to the Sharjah 2022 International Open Para Athletics Meeting, which will be held from the 20<sup>th</sup> to the 22<sup>nd</sup> February 2023, at Althiqah club for disabled.**

**Since 2011, we hope we have been part of your achievements and part of your successes. Your support and cooperation has significantly contributed to make Sharjah International Open Para Athletics Meeting, a high level competition and one of the most successful and popular competitions in the WPA yearly calendar.**

**In 2023, we count on the cooperation of everyone participants, team members, workforce and officials, to make it a successful competition, by offering a good and high standards of quality and organization.**

**Your feedback from the previous participations helped and will always help us to work hard to and deliver a high level competition and allow all of you to reach their goals.**

**The 2023 edition is a new opportunity for all participants to improve their readiness and achieve higher standards for the coming competitions and World Para Athletics Championships 2023 and 2024, and Paris Paralympic games 2024.**

**We look forward seeing you in Sharjah in February 2023.**

**Ahmed Salim Alsuwaidi  
Competition Director**

**Sharjah International Open Para Athletics Meeting 2023**



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## Sharjah 2023 International Open Para Athletics Meeting

<b>Date</b>	→	<b>20<sup>th</sup> to 22<sup>nd</sup> February 2023 (three days competition)</b>
<b>Place</b>	→	<b>Sharjah, United Arab Emirates</b>
<b>Organizer</b>	→	<b>Althiqah club for disabled</b>
<b>Chairman</b>	→	<b>Dr. Tariq Sultan Ahmed M. Alkhadim</b>
<b>Competition Director</b>	→	<b>Ahmed Salim Alsuwaidi</b>
<b>Competition venue</b>	→	<b>Althiqah Club for the disabled</b>
<b>Classes</b>	→	<b>10's, 20's, 30's, 40's, 50's, 60's and RR1-RR3 (Men &amp; Women)</b>

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## Sharjah 2022 International Open Para Athletics Meeting

### Events



Track

100m, 200m, 400m, 800m, 1500m and 5000m



Field

Shot put, Discus, Javelin, Club, Long jump, High Jump

**Entries deadline 22<sup>nd</sup> January 2023**

**Sharjah International Open Para Athletics Meeting 2023**

## Key information

- **WPA competition rules applied.**
- **WPA point score system will be used for field combined classes.**
- **Requested a minimum of four competitors to set up an event.**
- **Sanction: WPA Approved.**

### Medals

Will be awarded for the first three in each event  
(if 5 or more **licensed** participants are in the event).



### WPA registration

Athlete without WPA registration (SDMS) will not  
be allowed to receive awards.



### Entries

Athletes are allowed to enter in an unlimited  
number of events.



### Participating

Participating athletes in the Sharjah 2023  
International Open Para Athletics Meeting could be  
subject of doping control according to WPA and  
WADA rules and regulations.





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## Deadline

**Entries must be confirmed 22<sup>nd</sup> January 2023**

- **Arrivals** From 18/02/2023
- **Competition** 20, 21 and 22/02/2023
- **Departures** From 22/02/2023

**Entries deadline 22<sup>nd</sup> January 2023**

For any additional information, enquiries or assistance, please feel free to contact the organizing committee:

Mr. Ahmed Salim Alsuwaidi  
Competition Director  
Tel: +971 6 5389999  
Fax: +971 6 5389888  
Email : althiqahsports@gmail.com

**Sharjah International Open Para Athletics Meeting 2023**

**Day 1**

01



Event	Class:	Gender
100m	T11-13	M&W
100m	T33/34	M&W
100m	T35-38	M&W
100m	T42-44	M&W
100m	T45-47	M&W
100m	T51-54	M&W
100m	T61-64	M&W
100m	RR1-RR3	M&W
800m	T11-13	M&W
800m	T35-38	M&W
800m	T45-47	M&W
800m	T51-54	M&W
Club	31/32/51	W
Discus	35-38/40-47/61-64	M
Discus	31-34 & 52-57	M
Javelin	33/34 & 52-57	W
Shot	35-38/40-47/61-64	W
High Jump	All classes	M

**Sharjah International Open Para Athletics Meeting 2023**

**Day 2**

02



Event	Class:	Gender
1500m	T11-13	M&W
1500m	T35-38	M&W
1500m	T45-47	M&W
1500m	T51-54	M&W
200m	T11-13	M&W
200m	T33/34	M&W
200m	T35-38	M&W
200m	T42-44	M&W
200m	T45-47	M&W
200m	T51-54	M&W
200m	T61-64	M&W
200m	RR1-RR3	M&W
Discus	35-38/40-47/61-64	W
Discus	31-34 & 52-57	W
Javelin	35-38/40-47/61-64	M
Shot	31-34 & 52-57	M
Long Jump	11-12	M
Long Jump	11-12	W

**Sharjah International Open Para Athletics Meeting 2023**



03

**Day 3**



Event	Class:	Gender
400m	T11-13	M&W
400m	T33/34	M&W
400m	T35-38	M&W
400m	T42-44	M&W
400m	T45-47	M&W
400m	T51-54	M&W
400m	T61-64	M&W
5000m	T11-1	M&W
5000m	T35-38	M&W
5000m	T45-47	M&W
5000m	T51-54	M&W
Club	31/32/51	M
Javelin	33/34 & 52-57	M
Javelin	35-38/40-47/61-64	W
Shot	31-34 & 52-57	W
Shot	35-38/40-47/61-64	M
Long Jump	13/35-38/42-44/45-47/61-64	M
Long Jump	13/35-38/42-44/45-47/61-64	W

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## Hotel



### Centro Sharjah

#### Single room

Breakfast

300 AED

Breakfast & lunch

350 AED

Breakfast, lunch & dinner

390 AED

#### Double room

breakfast

325 AED

Breakfast & lunch

425 AED

Breakfast, lunch & dinner

505 AED

<https://www.rotana.com/centrohotels/unitedarabemirates/sharjah/centrosharjah>

Contact person Mr. Majd Kabalan  
Phone: +971561880156  
Email: [Majd.kabalan@rotana.com](mailto:Majd.kabalan@rotana.com)

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## Hotel



### Holiday International Sharjah

#### Single room

Breakfast

300 AED

Breakfast & lunch

360 AED

Breakfast, lunch & dinner

425 AED

#### Double room

Breakfast

320 AED

Breakfast & lunch

450 AED

Breakfast, lunch & dinner

550 AED

<https://hotel-holiday-international.hotels-sharjah-uae.com/en/>

**Contact Person: Mr. Mohamed Rabie**

**Phone: +971565267228**

**Email: [asst.director@snhgroups.com](mailto:asst.director@snhgroups.com)**

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## Hotel



**Crystal Plaza  
Sharjah**

### Single room

**Breakfast**

**190 AED**

**Breakfast & lunch**

**230 AED**

**Breakfast, lunch & dinner**

**270 AED**

### Double room

**Breakfast**

**220 AED**

**Breakfast & lunch**

**300 AED**

**Breakfast, lunch & dinner**

**380 AED**

<https://mycrystalplazahotel.com/>

**Contact person Mr. Alex Cherfan**

**Phone: +971506333985**

**Email: gm@cphmajaz.com**

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## Transportation

**On arrival and departures transportation will be available only from/ to the selected hotels and airports (Sharjah and Dubai international airport) according to the information received from participants**

**Competition days transportation will be available according to the schedule which will be circulated before the arrival of participants.**

## Visas

**If visa is requested to enter UAE and you need assistance feel free to contact us by email not later than 10<sup>th</sup> of January 2023.**

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Enjoy your stay  
Share your memories**



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