

2019年強化育成指定標準記録（女子）

EVENT	CLASS	ELIGIBLE CLASS	20歳～23歳	18歳～19歳	14歳～17歳
100m	T11	T11	13.00	13.85	14.70
	T12	T12	12.99	13.84	14.69
	T13	T13	13.39	14.26	15.14
	T34	T33/34	20.81	22.17	23.53
	T35	T35	16.39	17.46	18.54
	T36	T36	16.39	17.46	18.54
	T37	T37	15.17	16.17	17.16
	T38	T38	14.25	15.18	16.12
	T42/63	T42/63	18.05	19.23	20.41
	T44/64	T43/44/62/64	14.46	15.40	16.35
	T47	T45/46/47	13.89	14.80	15.71
	T52	T51/52	23.07	24.58	26.09
	T53	T53	18.55	19.77	20.98
	T54	T54	17.92	19.10	20.27
200m	T11	T11	26.93	28.69	30.46
	T12	T12	26.28	28.00	29.74
	T35	T35	33.39	35.58	37.76
	T36	T36	34.42	36.67	38.93
	T44/64	T43/44/62/64	30.42	32.41	34.40
	T47	T45/46/47	28.94	30.84	32.73
400m	T11	T11	1:02.63	1:06.72	1:10.82
	T12	T12	1:00.32	1:04.26	1:08.21
	T13	T13	1:02.18	1:06.25	1:10.31
	T34	T33/34	1:09.24	1:13.77	1:18.30
	T37	T37	1:11.17	1:15.82	1:20.48
	T38	T38	1:11.16	1:15.81	1:20.46
	T44/64	T43/44/62/64	1:09.64	1:14.19	1:18.75
	T47	T45/46/47	1:06.56	1:10.92	1:15.27
	T52	T51/52	1:17.81	1:22.90	1:27.99
	T53	T53	1:00.79	1:04.76	1:08.74
	T54	T54	59.82	1:03.74	1:07.65
	800	T34	T34	2:18.50	2:27.56
T53		T52/53	1:59.09	2:06.88	2:14.67
T54		T54	1:56.38	2:04.00	2:11.61
1500m	T11	T11	5:20.05	5:40.99	6:01.92
	T13	T12/13	5:06.98	5:27.07	5:47.15
	T54	T53/54	3:38.98	3:53.30	4:07.63
5000m	T54	T53/54	12:06.47	12:53.99	13:41.52
Marathon	T54	T52/53/54			

注意：T60/F60台クラスについては、旧クラス（T40/F40）の記録を適応する。

EVENT	CLASS	ELIGIBLE CLASS	20歳～23歳	18歳～19歳	14歳～17歳
Long Jump	T11	T11	4m19	3m88	3m56
	T12	T12	4m80	4m44	4m08
	T37	T37	3m91	3m61	3m32
	T38	T38	4m06	3m76	3m45
	T42/63	T42/63	3m31	3m06	2m81
	T44/64	T43/44/62/64	4m47	4m39	4m04
	T47	T45/46/47	4m85	4m49	4m12
Shot Put	F12	F11/12	10m94	10m11	9m29
	F32	F32	3m65	3m37	3m10
	F33	F33	4m29	3m96	3m64
	F34	F34	6m18	5m71	5m25
	F35	F35	7m53	6m97	6m40
	F36	F36	7m41	6m85	6m30
	F37	F37	9m19	8m50	7m81
	F40	F40	5m57	5m15	4m73
	F41	F41	6m68	6m17	5m67
	F53	F53	3m41	3m16	2m90
	F54	F54	5m70	5m27	4m84
	F57	F56/57	8m21	7m59	6m98
Discus Throw	F11	F11	27m17	25m13	23m08
	F38	F37/38	26m96	24m93	22m90
	F41	F40/41	22m41	20m73	19m04
	F44/64	F43/44/62/64	26m83	24m81	22m79
	F52	F51/52	9m13	8m45	7m76
	F55	F54/55	17m75	16m42	15m08
	F57	F56/57	24m35	22m51	20m68
Javelin Throw	F13	F12/13	34m10	31m54	28m97
	F34	F34	15m06	13m92	12m79
	F37	F37	24m99	23m11	21m23
	F46	F45/46	31m08	28m74	26m40
	F54	F53/54	13m67	12m64	11m61
	F56	F55/56	16m99	15m71	14m43
Club Throw	F32	F31/32	16m13	14m91	13m70
	F51	F51	16m42	15m19	13m95

注意：T60/F60台クラスについては、旧クラス（T40/F40台）の記録を適応する。