

2016育成指定選手 標準記録 女子(本年内での年齢)

EVENT	CLASS	ELIGIBLE CLASS	14歳～15歳	16歳～17歳	18歳～19歳	20歳以上
100m	T11	T11	16.97	15.91	14.98	14.14
	T12	T12	16.41	15.39	14.48	13.68
	T13	T13	17.75	16.64	15.66	14.79
	T34	T33/34	28.01	26.26	24.72	23.34
	T35	T35	21.79	20.43	19.22	18.16
	T36	T36	21.28	19.95	18.78	17.73
	T37	T37	19.21	18.01	16.95	16.01
	T38	T38	18.96	17.78	16.73	15.80
	T42	T42	23.68	22.20	20.89	19.73
	T44	T43/44	18.41	17.26	16.25	15.34
	T47	T45/46/47	17.53	16.44	15.47	14.61
	T52	T51/52	30.79	28.86	27.16	25.66
	T53	T53	24.17	22.66	21.33	20.14
	T54	T54	23.43	21.96	20.67	19.52
200m	T11	T11	35.37	33.16	31.21	29.48
	T12	T12	33.48	31.39	29.54	27.90
	T35	T35	45.80	42.94	40.41	38.17
	T36	T36	45.44	42.60	40.09	37.87
	T44	T43/44	38.99	36.55	34.40	32.49
	T47	T45/46/47	36.09	33.84	31.85	30.08
400m	T11	T11	1:22.01	1:16.89	1:12.36	1:08.34
	T12	T12	1:19.40	1:14.44	1:10.06	1:06.17
	T13	T13	1:22.77	1:17.60	1:13.04	1:08.98
	T34	T33/34	1:35.93	1:29.94	1:24.65	1:19.94
	T37	T37	1:35.41	1:29.45	1:24.19	1:19.51
	T38	T38	1:34.76	1:28.84	1:23.61	1:18.97
	T44	T43/44	1:37.80	1:31.69	1:26.29	1:21.50
	T47	T45/46/47	1:25.48	1:20.14	1:15.42	1:11.23
	T52	T51/52	1:48.59	1:41.80	1:35.81	1:30.49
	T53	T53	1:19.65	1:14.67	1:10.28	1:06.38
	T54	T54	1:17.25	1:12.43	1:08.16	1:04.38
800	T34	T34	3:15.39	3:03.17	2:52.40	2:42.82
	T53	T52/53	2:34.24	2:24.60	2:16.09	2:08.53
	T54	T54	2:30.77	2:21.35	2:13.04	2:05.64
1500m	T11	T11	7:07.56	6:40.84	6:17.26	5:56.30
	T13	T12/13	6:47.37	6:21.91	5:59.45	5:39.48
	T54	T53/54	4:41.85	4:24.24	4:08.69	3:54.88
5000m	T54	T53/54	15:54.09	14:54.46	14:01.85	13:15.08
Marathon	T54	T52/53/54	2:23:41	2:14:43	2:06:47	1:59:44

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EVENT	CLASS	ELIGIBLE CLASS	14歳～15歳	16歳～17歳	18歳～19歳	20歳以上
Long Jump	T11	T11	3.14m	3.34m	3.55m	3.76m
	T12	T12	3.77m	4.02m	4.27m	4.52m
	T37	T37	3.02m	3.22m	3.42m	3.62m
	T38	T38	2.96m	3.16m	3.36m	3.56m
	T42	T42	2.42m	2.58m	2.75m	2.91m
	T44	T43/44	3.50m	3.74m	3.97m	4.20m
	T47	T45/46/47	3.92m	4.18m	4.44m	4.70m
Shot Put	F12	F11/12	8.45m	9.02m	9.58m	10.14m
	F32	F32	2.43m	2.59m	2.75m	2.92m
	F33	F33	3.03m	3.23m	3.43m	3.64m
	F34	F34	4.73m	5.05m	5.36m	5.68m
	F35	F35	5.51m	5.88m	6.25m	6.62m
	F36	F36	5.34m	5.70m	6.05m	6.41m
	F37	F37	7.41m	7.90m	8.40m	8.89m
	F40	F40	3.40m	3.62m	3.85m	4.08m
	F41	F41	5.03m	5.37m	5.70m	6.04m
	F53	F53	2.75m	2.94m	3.12m	3.30m
	F54	F54	4.35m	4.64m	4.93m	5.22m
	F57	F56/57	6.16m	6.57m	6.98m	7.39m
Discus Throw	F11	F11	17.93m	19.13m	20.32m	21.52m
	F38	F37/38	21.08m	22.48m	23.89m	25.29m
	F41	F40/41	14.88m	15.87m	16.86m	17.86m
	F44	F43/44	18.87m	20.13m	21.39m	22.64m
	F52	F51/52	4.64m	4.94m	5.25m	5.56m
	F55	F54/55	13.82m	14.74m	15.67m	16.59m
	F57	F56/57	18.13m	19.34m	20.54m	21.75m
Javelin Throw	F13	F12/13	24.21m	25.82m	27.44m	29.05m
	F34	F34	10.85m	11.57m	12.29m	13.01m
	F37	F37	17.93m	19.13m	20.32m	21.52m
	F46	F45/46	20.51m	21.87m	23.24m	24.61m
	F54	F53/54	9.61m	10.25m	10.89m	11.53m
	F56	F55/56	12.33m	13.15m	13.97m	14.80m
Club Throw	F32	F31/32	11.60m	12.37m	13.14m	13.91m
	F51	F51	8.13m	8.67m	9.21m	9.76m